



My Book of Erotic Adventures

AN EXCERPT

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CHAPTER 6

Take a good look

CHAPTER SIX

amn! Doing this is making my dick so hard!" HE said in a husky tone.

I giggled. I knew doing this would be torture for him but I wanted us to try something different.

"Concentrate, babe. Take a deep breath."

He took a deep breath and said, "This is hard, no pun intended." We both laughed.

"Your pussy feels soft and fleshy. I had no idea this is what a clitoris was like. It's so small, but it seems to do a lot."

"Hmmmmmm," I moaned as he stroked my clitoris.

"You are wet," he said as he slid a finger into me. "It feels warm and wet."

"Hmmmm." I responded; I could barely speak.

As his finger slid back and forth, playing with my pussy and stroking my clitoris, sensations surged throughout my body, and I couldn't help myself.

My body writhed in pleasure as he picked up the pace.

It felt so good but we were not done. I placed my hands on his to stop his hands, even though it seemed like the hardest thing to do.

Panting, I said, "We'll get there, babe. I want to do you now."

We reversed positions with him lying on the bed, legs spread apart this time.

I sat facing him and took his hard cock in my hands. My head was trying to focus on the sensual experience of observing his cock but all my pulsating pussy wanted to do was take him in deeply and feel every inch of his rock hard dick.

It was my turn to take a deep breath.



Chapter 4 was about full body exploration; in this chapter, we are zoning in!

It's amazing how many couples have never taken the time to look at each other's genitals.

Men don't really know what their women's pussies look like, so they keep flying blind. Not knowing where to touch, how to touch and the unique way her pussy wants to be stroked and pleasured.

Women also haven't really looked at their men's cocks, so they too fly blind and don't quite understand that the secret to dick pleasuring is getting to know his cock intimately.

How it looks, how it responds to different types of touch, its many hot spots, what it feels like when it moves from soft to semi-hard to rock-hard and more.

It's difficult to really pleasure a cock or a pussy you don't know and love.

Your erotic adventure in this chapter is to take a good look at each other's genitals.

HERE'S WHAT YOU DO

 Set time aside for this to stay focused during this erotic adventure.

- You and your lover should get fully naked and take turns. Decide who will be the first receiver/giver, and switch places afterwards.
- Have your lover lie on the bed/floor with their legs spread apart.
- Now look at them. Really look and touch, of course.

THE MAN

Look at your woman's vulva. Take note of the colour and shape and really get to know her vulva.

Identify the different areas. Her clitoris, her labia, and her vagina. Please be aware that your woman's vulva may look different from the image, as vulvas can vary from one woman to another.

Stroke each part to explore what feels good for her, and notice how she reacts to the places you touch.

THE WOMAN

Look at your man's cock and his entire genital area, including his balls. The colour, the feel, and the texture. See what it looks like when it is soft and when it begins to get hard. Notice how his cock changes as blood flows to it.

When he is hard, wrap your hands around his cock.

Feel the fullness of his hard cock. Enjoy it.

Touch him all over, from balls to shaft to frenulum to head and see how each part responds to your touch.

Take a proper tour and look around. Immerse yourself in the experience of getting to know your lover's genitals.

Enjoy!

HOW DID YOU FEEL WHEN YOU WERE ON THE GIVING AND RECEIVING END OF THIS EROTIC ADVENTURE? ASK YOUR LOVER HOW IT FELT FOR THEM TOO.





Blindfold naughtiness

CHAPTER EIGHT

sat in between Ken's wide spread thighs in the dimly it room, as he slowly unbuttoned my white silk shirt from behind.

I felt his breath on my neck and could tell that a kiss was coming. I closed my eyes as my entire body waited in feverish anticipation.

When it came, his soft lips on the nape of my neck made me shiver.

Hmmmm...

It didn't matter that he had a blindfold on; his kisses were as potent as a man whose eyes had zoned in on a target. As he slowly kissed my neck, my moans got louder. His hands undid the front clasp of my bra and were now cupping my fully exposed breasts as his fingers softly circled my nipples.

I wasn't wearing panties and with my front fully exposed, he had all the access he needed. The lethal combination of his mouth on my neck and his hands on my tits made me sizzle. I crossed my legs and squeezed them tightly together as sensations became more intense and my pussy began to call for attention.

Overwhelmed with passion, I turned my face and my lips hungrily found his and locked in sweet ecstasy. As we kissed, his hands became more fervent in their caresses as he squeezed my tits and erect nipples with both hands.

Pleasure surged through my body and I clutched the silk bed sheets tightly in my hands.

I felt his hard cock at the small of my back and grinded into him with my ass.

Aahhh, he moaned.

I scooted forward a bit and reached behind me to feel his cock. Feeling his hard dick made me want to turn around and take him inside me.

I squeezed the head of his cock and as it pulsated in response, he moaned deeply again.

Then I whispered to him, 'Is it true what they say? Do you feel more when blindfolded?'

In response, he placed his hand on my hand stroking his cock, and guided me to go faster.



This chapter is about you and your lover engaging your senses even more in a journey of mutual exploration.

And yes, you will be blindfolded! This is going to be so much fun.

Your erotic adventure in this chapter involves you and your partner taking turns touching each other. So decide who gets to go first.

HERE'S WHAT TO DO

• While fully naked, assume a sitting position where the one who is to do the touching (the giver) sits with legs spread open. Sitting in a comfortable position where you get to rest your back is a great idea.

- The person to be touched (the receiver) sits in between the giver's wide, open legs and leans backward into the giver's embrace.
- The giver puts a blindfold over their own eyes and proceeds to caress the receiver. Being blindfolded helps you focus more on touching and feeling your lover and enjoying their body as you touch.
- Touch your lover all over. The essence is to feel, connect
 with and get to know your lover's body better through
 touch. This is an exercise in exploration, eroticism,
 discovery and pleasure.
- Start from neutral zones like the arms before moving to erogenous zones like the chest/breasts, thighs, belly and genitals.
- Make sure the receiver sits with their legs open to allow unrestricted access to their entire body and genitals.
- This is not an adventure to rush, so take your time touching, feeling and enjoying your lover's body.
- As you touch extensively, you can include kisses on their backs, neck or even have them turn their heads your way and kiss you, while you keep stroking and touching. Remember, you are still blindfolded.

• Do this for at least 20 minutes (set a timer if you wish), then trade places so your lover gets to blindfold themselves and touch you.

This is an intensely erotic exercise and is likely to lead to more. Feel free to take off the blindfold and finish up in any way you desire.

Enjoy!

HOW DID TOUCHING YOUR LOVER BLINDFOLDED FEEL FOR YOU?



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About the Book

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About the Author



Olawunmi Esan is a psychologist and sex therapist who specialises in empowering women to embrace their sexuality with confidence, and helps couples improve intimacy and enjoy mind-blowing sex.

To know more about her work, visit: www.olawunmiesan.com

